Buzzy Drinks with Fresh Juiced Ginger Copyright by Rhona Bowles Kamar 2017

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For an all over body buzz:

Ginger shot

In a glass, stir together: 1 ounce ginger juice Juice of ¼ lemon 1 teaspoon honey or to taste

Drink quickly or use this as a base for the drinks below.

For a refreshing alternative to soda:

Ginger Ale

Mix the base recipe from the Ginger Shot in a 8 to 12 ounce glass. Fill with ice. Top with sparkling mineral water. Stir.

For a winter day or to scare away a cold:

Hot Ginger

Mix the base recipe from the Ginger shot in an 8 ounce coffee mug. Top with hot water and stir.